

November 2023

Pasadena Highlands Journey/ MIT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:00 Daily Chronicle 10:00 Music Appreciation 10:30 Stretches 11:00 Watercolors 1:30 National Geographic 2:00 Conductocise 2:30 Orchestra Concert 3:00 Table Games 4:00 Dish Debate 6:00 Movie Classics (MC) 1	9:00 Daily Chronicle 10:00 Brain Aerobics 10:30 Parachute 10:30 Strength & Tone 11:00 Card Games 1:30 Afternoon Stretches 2:00 Creative Crafts 2:30 Pet Therapy 3:00 Tranquility Spa 4:00 Sorting Game 6:00 Movie Classics (MC) 2	9:00 Daily Chronicle 10:00 Music Appreciation 10:30 Morning Stretches 11:00 Card Games 1:15 US Landmarks 2:00 Reading Hour 2:30 Finishing Lines 2:30 Virtual Orchard Tour 3:00 Parachute 4:00 Fabric & Feels 6:00 Movie Classics (MC) 3	9:00 Daily Chronicle 10:00 Animal Trivia 10:30 Fun Fitness 11:00 Finishing Lyrics 1:30 Afternoon Stretches 2:00 Poppin' Popcorn 2:30 Movie Matinee 3:00 Relaxation Stations 4:00 Happy Hour Social 6:00 Movie Classics (MC) 4
9:00 Daily Chronicle 10:00 Prayer/ Hymns 10:30 Morning Stretches 11:00 Getting To Know You 1:30 Relaxation Stations 2:00 Baking Demo by Chef 3:00 Patriotic Sing Along 3:30 Puzzlemania 4:00 Gourmet Gurus 6:00 Movie Classics (MC) 5	9:00 Daily Chronicle 10:00 Good News 10:30 Sit & Fit 11:00 Relaxation Stations 1:00 Refresh & Renew 1:30 Name That Tune 2:15 Healthy DIY Snacks 3:00 Memorabilia Monday 4:00 Walk-About 6:00 Movie Classics (MC) 6	9:00 Daily Chronicle 9:30 Gardening 10:30 Strength & Tone 11:00 Music Makers 1:30 COLORAMA 2:30 Tea & Trivia 3:00 Tranquility Spa 3:30 Tidy Tuesday's 4:00 Travel Memories 6:00 Movie Classics (MC) 7	9:00 Daily Chronicle 10:00 Music Appreciation 10:30 Stretches 11:00 Watercolors 1:30 National Geographic 2:00 Conductocise 2:30 Orchestra Concert 3:00 Table Games 4:00 Dish Debate 6:00 Movie Classics (MC) 8	9:00 Daily Chronicle 10:00 What's In the Box 10:30 Strength & Tone 11:00 Card Games 1:30 Afternoon Stretches 2:00 Bowling 2:30 Pet Therapy 3:00 Tranquility Spa 4:00 Sorting Game 6:00 Movie Classics (MC) 9	9:00 Daily Chronicle 10:00 Music Appreciation 10:30 Morning Stretches 11:00 Table Games 1:15 US Landmarks 2:00 Reading Hour 2:30 Beautiful Landscapes 3:00 Finishing Lines 3:00 Parachute 4:00 Fabric & Feels 6:00 Movie Classics (MC) 10	9:00 Daily Chronicle 10:00 Veterans Day Ceremony 10:30 The Tap Chicks Perform 1:30 Afternoon Stretches 2:00 Poppin' Popcorn 2:30 Movie Matinee 3:00 USA Art 4:00 Happy Hour Social 6:00 Movie Classics (MC) 11
9:00 Daily Chronicle 10:00 Prayer/ Hymns 10:30 Morning Stretches 11:00 Getting To Know You 1:30 Relaxation Stations 2:00 Smoothie Social 3:00 Holiday Sing Along 3:30 Puzzlemania 4:00 Gourmet Gurus 6:00 Movie Classics (MC) 12	9:00 Daily Chronicle 10:00 Good News 10:30 Sit & Fit 11:00 Relaxation Stations 1:00 Refresh & Renew 1:30 Name That Tune 2:15 Healthy DIY Snacks 3:00 Memorabilia Monday 4:00 Walk-About 6:00 Movie Classics (MC) 13	9:00 Daily Chronicle 9:30 Gardening 10:30 Strength & Tone 11:00 Penny-In 1:30 COLORAMA 2:30 Tea & Trivia 3:00 Tranquility Spa 3:30 Tidy Tuesday's 6:00 Movie Classics (MC) 14	9:00 Daily Chronicle 10:00 Music Appreciation 10:30 Stretches 11:00 Watercolors 1:30 National Geographic 2:00 Conductocise 2:30 Orchestra Concert 3:00 Table Games 4:00 Dish Debate 6:00 Movie Classics (MC) 15	9:00 Daily Chronicle 10:00 Brain Aerobics 10:30 Parachute 10:30 Strength & Tone 11:00 Card Games 1:30 Afternoon Stretches 2:00 Creative Crafts 2:30 Pet Therapy 3:00 Tranquility Spa 4:00 Sorting Game 6:00 Movie Classics (MC) 16	9:00 Daily Chronicle 10:00 Music Appreciation 10:30 Morning Stretches 11:00 Table Games 1:15 US Landmarks 2:00 Reading Hour 2:30 Beautiful Landscapes 2:30 Finishing Lines 3:00 Parachute 4:00 Fabric & Feels 6:00 Movie Classics (MC) 17	9:00 Daily Chronicle 10:00 Animal Trivia 10:30 Fun Fitness 1:30 Afternoon Stretches 2:00 Poppin' Popcorn 2:30 Movie Matinee 3:00 Relaxation Stations 4:00 Happy Hour Social 6:00 Movie Classics (MC) 18
9:00 Daily Chronicle 10:00 Prayer/ Hymns 10:30 Morning Stretches 11:00 Getting To Know You 1:30 Relaxation Stations 2:00 Smoothie Social 3:00 Musicals Sing Along 3:30 Puzzlemania 4:00 Gourmet Gurus 6:00 Movie Classics (MC) 19	9:00 Daily Chronicle 10:00 Good News 10:30 Sit & Fit 11:00 Relaxation Stations 1:00 Refresh & Renew 1:30 Name That Tune 2:15 Healthy DIY Snacks 3:00 Memorabilia Monday 4:00 Walk-About 6:00 Movie Classics (MC) 20	9:00 Daily Chronicle 9:30 Gardening 10:30 Strength & Tone 1:30 COLORAMA 2:30 Tea & Trivia 3:00 Tranquility Spa 3:30 Tidy Tuesday's 4:00 Travel Memories 6:00 Movie Classics (MC) 21	9:00 Daily Chronicle 10:00 Music Appreciation 10:30 Stretches 11:00 Watercolors 1:30 National Geographic 2:00 Conductocise 2:30 Orchestra Concert 3:00 Table Games 4:00 Food Demo by Chef 6:00 Movie Classics (MC) 22	9:00 Daily Chronicle 10:00 Brain Aerobics 10:00 Thankful DIY TREE 11:00 Card Games 1:30 Afternoon Stretches 2:00 Movie Special 2:30 Poppin' Popcorn 3:30 Remembering Fam Recipes 4:00 Sorting Game 6:00 Movie Classics (MC) 23	9:00 Daily Chronicle 10:00 Music Appreciation 10:30 Morning Stretches 1:15 Flower Arranging 2:00 Live Harpist (Xmas) 2:30 Finishing Lines 2:30 Xmas Tree Trimming (G) 3:00 Parachute 4:00 Hot Choc. Xmas Social 6:00 Movie Classics (MC) 24	9:00 Daily Chronicle 10:00 Animal Trivia 10:30 Fun Fitness 1:30 Afternoon Stretches 2:00 Poppin' Popcorn 2:30 Movie Matinee 3:00 Relaxation Stations 4:00 Happy Hour Social 6:00 Movie Classics (MC) 25
9:00 Daily Chronicle 10:00 Prayer/ Hymns 10:30 Morning Stretches 11:00 Getting To Know You 1:30 Relaxation Stations 2:00 Smoothie Social 3:00 Xmas Sing Along 3:30 Puzzlemania 4:00 Gourmet Gurus 6:00 Movie Classics (MC) 26	9:00 Daily Chronicle 10:00 Good News 10:30 Sit & Fit 11:00 Relaxation Stations 1:00 Refresh & Renew 1:30 Name That Tune 2:15 Healthy DIY Snacks 3:00 Memorabilia Monday 4:00 Walk-About 6:00 Movie Classics (MC) 27	9:00 Daily Chronicle 9:30 Gardening 10:30 Strength & Tone 11:00 Penny-In 1:30 COLORAMA 2:30 Tea & Trivia 3:00 Tranquility Spa 3:30 Tidy Tuesday's 6:00 Movie Classics (MC) 28	9:00 Daily Chronicle 10:00 Music Appreciation 10:30 Stretches 11:00 Watercolors 1:30 National Geographic 2:00 Conductocise 2:30 Orchestra Concert 3:00 Table Games 4:00 Dish Debate 6:00 Movie Classics (MC) 29	9:00 Daily Chronicle 10:00 Brain Aerobics 10:30 Parachute 10:30 Strength & Tone 11:00 Card Games 1:30 Afternoon Stretches 2:00 Creative Crafts 2:30 Pet Therapy 3:00 Tranquility Spa 4:00 Sorting Game 6:00 Movie Classics (MC) 30		